

# Audio-Book Run Times

Opening statement	00:00:00	00:00:34
Introduction	00:00:35	00:04:50
Chapter 1 - The Creator	00:04:54	00:16:50
Chapter 2 - Soul	00:16:51	00:28:40
Chapter 3 - Perception	00:28:43	00:46:20
Chapter 4 - Universal Truth	00:46:26	00:49:58
Chapter 5 - ESAIFIS	00:50:03	01:01:38
Chapter 6 - The Game	01:01:43	01:17:17
Chapter 7 - External Influence	01:17:23	01:37:50
Chapter 8 - Earth	01:37:55	01:43:27
Chapter 9 - + & -	01:43:32	02:02:07
Chapter 10 - Evolution	02:02:12	02:12:58
Chapter 11 - Messengers	02:13:03	02:32:20
Chapter 12 - Channelers	02:32:25	02:58:23
Conclusion	02:58:29	03:15:24
Acknowledgements	03:15:38	03:16:52